bonate of Soda has been dissolved. Repeat this dose in one-half hour and then continue regularly as above every three hours until well. If the chest is sore and there is coughing, a good sweat will do a world of good. Just before retiring take an Ak-No-Mor Capsule as directed above, * * * Remember Ak-No-Mor Capsules Relieve Pain Anywhere at Any Time. They are an effective and Harmless substitute for Narcotics;" (circular) "Ak-No-Mor Capsules (pronounced Ache No More) The Great Pain Expeller-Gives Immediate Relief. A reliable and efficient remedy for * * * Neuralgia, Toothache, Earache, * * Gr p, Lumbago, Sciatica, Neuritis, Acute Rheumatism, Periodic ins, * * * Nerve Pains, such as neuralgia of the head, face, neck or back, are almost instantly stopped. Toothache-Pain from decayed teeth is held in subjection until you can get attention from your Dentist. Woman's Ills-Quickly and safely relieve menstrual pain and distress. Ak-No-Mor Capsules will relieve the pain in one-half to one hour. Especially valuable to stenographers, clerks, salesladies and those who have to continue with their work in these trying times. One capsule taken with a glass of water and repeated in a half hour, if needed, will usually stop all distress. * * * Rheumatic Pains and Neuritis * * * Grip and Sore Throat will also respond quickly to the same directions recommended for Rheumatic Pains. Special Directions for Acid Stomachs-The action of Ak-No-Mor Capsules varies with different people. Those having a very acid condition of the stomach we advise taking Ak-No-Mor Capsules with a full glass of water in which a level half teaspoonful of Bicarbonate of Soda has been dissolved. This prevents uneasiness."

On June 10, 1929, no claimant having appeared for the property, judgment of condemnation and forfeiture was entered, and it was ordered by the court that the product be destroyed by the United States marshal.

ARTHUR M. HYDE, Secretary of Agriculture.

16936. Misbranding of Sargon. U. S. v. 869 Dozen Bottles of Sargon. Default decree of condemnation, forfeiture, and destruction. (F. & D. No. 23977. I. S. No. 09259. S. No. 2216.)

On September 4, 1929, the United States attorney for the Northern District of Iowa, acting upon a report by the Secretary of Agriculture, filed in the District Court of the United States for said district a libel praying seizure and condemnation of 869 dozen bottles of Sargon at Cedar Rapids, Iowa, alleging that the article had been shipped by the Sargon Laboratories, from Dayton, Ohio, on or about June 11, 1929, and transported from the State of Ohio into the State of Iowa, and charging misbranding in violation of the food and drugs act as amended.

Analysis of a sample of the article by this department showed that it consisted essentially of sodium citrate, caffeine, small amounts of an iron compound, a bitter drug, extract of ox gall, glycerin, sugar, alcohol, and water.

It was alleged in the libel that the article was misbranded in that the following statements appearing on the bottle and carton label and in the accompanying booklet, regarding the curative or therapeutic effects of the article, were false and fraudulent in that the said article contained no ingredients or combination of ingredients capable of producing the effects claimed: (Bottle label and carton) "A Treatment designed to build up deficient metabolism, restore the haemoglobin of the blood to normal, stimulate the action of the liver and gall bladder, promote glandular activity, and thereby increase bodily vigor and well being;" (carton only) "Stimulates the Liver and Bile Flow

* * Promotes Glandular Activity;" (booklet) "Sargon is a tonic regulator

* * Sargon exerts its tonic influence principally, either directly or indirectly, upon the liver, the blood and the endocryne glands. It is now known that aiding nature to repair and strengthen these organs and fluids when weakened or run down by diseased conditions, plays a vastly important part in relieving dyspepsia, indigestion, sour stomach, heartburn, gas, constipation, headache, dizziness, and loss of appetite, due to deficient bile preparation, impoverished blood, or subnormal glandular activity. Science now recognizes that a majority of all persons suffering with the above troubles owe their condition to a sluggish liver, impoverished blood, or subnormal glandular * * * Scientific investigators learned that probably seven out of ten persons past thirty years old suffer from insufficient bile flow, or biliousness, caused by a sluggish liver. They found that insufficient bile flow causes indigestion, gas on the stomach, overacidity, constipation, heartburn, sensation of fullness or weight in the stomach, headache, coated tongue, bad breath,

dizziness, and general physical and mental depression. There was therefore a great and immediate need for a substance which would really stimulate a torpid liver. At last a substance was discovered which effectively stimulates a sluggish liver to increase its production of bile. Sargon contains this substance, which an international authority has recently described as 'The most powerful stimulant to the secretory (bile producing) activity of the liver which we possess.' Persons suffering from torpid liver, or biliousness, should find in Sargon an invaluable aid in correcting this condition. In most cases, Sargon should be taken regularly three times a day for a period of thirty days. In many cases of long standing its use should be continued over a longer * * * while a definite increase in blood sugar has long been considered as indicating Diabetes. It is now known that in many such cases the trouble has its root in failure of proper liver action. * * * The modern man * * eats improper foods, and too much of one kind and not enough of another. Certain chemical elements are as essential Normally man obtains these elements from his food. However, as food. many foods are deficient in their supply of materials. Furthermore, impaired digestion or assimilation often prevents the delivery of these all important elements to the blood stream for distribution throughout the Nutrition, health, intelligence and happiness often hang in the balance for the want of these essential substances. When they are lacking the whole system goes wrong. Without them it is impossible to enjoy a sense of well being and comfort and the accompanying temperament and outlook upon life. Importance of Haemoglobin: No man or woman can enjoy normal health if the haemoglobin of the blood is deficient. Haemoglobin is the oxygen carrying agent of the blood. It is found in and is a part of the red blood-corpuscle. Deficiency of haemoglobin is, broadly speaking, an impoverished condition of the blood. Among its symptoms are paleness of the skin, headache, nervousness, poor circulation and generally run down condition. A series of investigations have been made to find an effective medicine to aid in building up and strengthening impoverished blood. Rich, healthy blood was analyzed to find just what chemical elements it contained. Impoverished blood was also examined to determine the exact chemical difference between it and normal blood. Impoverished blood was found to be deficient in huemoglobin, which is a part of the red blood-corpuscle; it was also found to possess low anti-toxic (germ and poison-combating) powers. It was discovered that a certain substance constitutes the major part of haemoglobin. It was also found that when this substance is given to people with impoverished blood it often helps nature build up haemoglobin. Another material was also found which, when given in small doses, quickly aids in building up this disease-resisting power of the blood. Contained in Sargon. These two widely separated and vastly different substances, the Sargon chemists have succeeded in combining. With them they have employed a pure bitter tonic to improve the condition of the gastric mucous membrane and stimulate the * * * kidney secretions. It will, therefore, be seen that in addition to stimulating the liver and increasing bile production, Sargon also supplies an element essential to the production of haemoglobin, and is also a valuable aid in building up the germ and poison-combating power of the blood, and improving digestion and assimilation. Glandular Activity. A highly important feature of the endocryne glands is, that taken all together, they form a network of system, sending certain combinations of chemicals into the blood which are invaluable in maintaining the normal person in proper mental and physical balance. Varying degrees of glandular activity are evidenced in the people we see around us every day. * * * The glands occupy a position of paramount importance in the make-up of man. Should they fail to supply a sufficient amount of secretions, the individual becomes fat, lazy, sluggish and dull. The features of an individual suffering from glandular deficiency are not alert and keen. Placed in a situation in which quick thinking and prompt action are vital, such an individual suffers a great handicap. The instinct of self-preservation has not that strong, impetuous, driving, fighting, physical backing possessed by the normal individual. Deficiency of glandular secretions is reflected in poor memory, irritability, melancholia, constipation, lack of perspiration. It has further been observed that decaying teeth, and supposed chronic articular rheumatism and muscular rheumatism, were often due to deficient gland secretions. In Sargon there is an ingredient which modern science has recently learned is essential to gland secretions. Normally the individual secures it from food consumed, However, many foods are

deficient in their supply of this material. Furthermore, in many cases, impaired digestion and assimilation prevents its delivery to the blood stream. Sargon is intended to aid in supplying this all-important substance, so that deficiency of gland secretions may be corrected."

On September 25, 1929, no claimant having appeared for the property, judgment of condemnation and forfeiture was entered, and it was ordered by the court that the product be destroyed by the United States marshal.

ARTHUR M. HYDE, Secretary of Agriculture.

16937. Adulteration and misbranding of Hygem. U. S. v. 11 Bottles, et al., of Hygem. Default decrees of condemnation, forfeiture, and destruction. (F. & D. Nos. 23904, 23905. I. S. Nos. 03508, 03750. S. Nos. 1962, 1963.)

On August 1, 1929, and August 2, 1929, respectively, the United States attorneys for the Southern District of New York, and the Eastern District of New York, acting upon reports by the Secretary of Agriculture, filed in the District Courts of the United States for said districts libels praying seizure and condemnation of 22 bottles of Hygem, remaining in the original unbroken packages, in part at New York, N. Y., and in part at Brooklyn, N. Y., alleging that the article had been shipped by the Vita-Bac Corporation (Bloomfield Laboratories), from Bloomfield, N. J., in two consignments on or about June 11, 1929, and June 14, 1929, respectively, and transported from the State of New Jersey into the State of New York, and charging adulteration and misbranding in violation of the food and drugs act as amended.

Analysis of a sample of the article by this department showed that it consisted essentially of an emulsion of mineral oil, a small amount of casein-like material and water flavored with peppermint oil. Bacteriological examination

showed that the article contained no viable acidophilus bacilli.

It was alleged in the libels that the article was adulterated in that it was sold under the following standard of strength, (carton and bottle label) "The Mineral Oil Emulsion with Acidophilus," whereas the strength of the said

article fell below such professed standard.

Misbranding was alleged for the reason that the following statement borne on the carton and bottle label, "The Mineral Oil Emulsion With Acidophilus," was false and misleading. Misbranding was alleged for the further reason that the following statements appearing on the bottle and carton labels and in the accompanying booklet regarding the curative and therapeutic effects of the article were false and fraudulent, since the said article contained no ingredient or combination of ingredients capable of producing the effects claimed: (Carton and bottle labels) "For intestinal hygiene and any stomach or digestive disorder, such as constipation, auto-intoxication, indigestion and the like;" (booklet entitled "Intestinal Hygiene") "Consider that the average body will produce upward of six trillion bacteria per day, and further, that the source of the main supply or development is from the 'power plant,' that is the digestive tract and eliminative system. Already you begin to appreciate the tremendous importance of deciding whether the health damaging bacteria is to be permitted to accumulate and multiply in Your organism or be expelled from their breeding ground through regular and healthy elimination. The best medical minds are agreed that practically every disease has its inception in the intestines. Proof of the wisdom of the theory is abundant. * * * the organs * * * the most important of which * * is the digestive tract, the stomach and bowels—the power unit from which is derived the force and power so necessary * * * The problem should be * * * a preventive one. Adequate elimination seems to be the great demand of the times, If regular and complete expulsion does not take place, this waste, which now causes congestion, becomes an ideal breeding place for countless numbers of bacteria which we are constantly taking in with our food, or developing within our systems, and the toxins (poisons) generated by them are also absorbed through the walls of the intestines into the blood. This is the beginning of the endless chain of diseases which afflict the body—the beginning of untold distress. The accumulation of waste matter in the colon is present in practically everyone, due to our mode of living, inadequacy of exercise, improper diet, etc. When one thoroughly understands the primary cause for many of our bodily ailments, it is easy to appreciate what is occurring in the body's 'power plant' as vigor is lost and in its stead sluggishness developed, why so many of us as we reach middle age begin to develop hardening of the arteries, heart trouble, premature senility and many other forms of bodily disability. Practically